

Compassionate Communication 101

A one-day intensive introduction

Saturday, October 8

10:00 am - 6:00 pm

sponsored by North Texas Association of Unitarian Universalist Societies

www.NTAUUS.org

- Experience being the peace you wish to see in the world, and the pleasurable impact of inner peace on 'outer peace'
- Increase your opportunities for getting what you want most in life because you're more skilled at asking for it
- Experience less defensiveness from others because you're more skilled at hearing what keeps other people from saying "yes"

Learn quickly in this one-day introduction, engaged in experiential cycles of brief presentation, modeling & practice.

Spend time working on how you can use Compassionate Communication in your immediate life situations.



J Kendel Johnson
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Registration & more information:
www.fwcompassion.org

Pathways Unitarian Universalist Church
525 South Nolen Drive, Suite 300, Southlake, TX 76092

Limited to 60 participants

Tuition request: \$30

Lunch included

Everyone Welcome!



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